

## Station 3

### TRAIN LIFE SKILLS AND COMPETENCES BEFORE UNDERTAKING A (EU) WBL MOBILITY PROGRAM

***Trigger questions:***

- What kind of *life* skills and competences is useful to have and or develop to undertake a (EU) mobility program?
- How could a SEN student train these *life* skills and competences to prepare for a mobility abroad?
- How could VR be useful in this sense? By the way, what could be the limits of VR instead?
- ... (add the question that comes to your mind that you cannot find here)